

# THE NEW EVOLUTION SERIES by ANTELOPE

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We are ready!  
Are You?



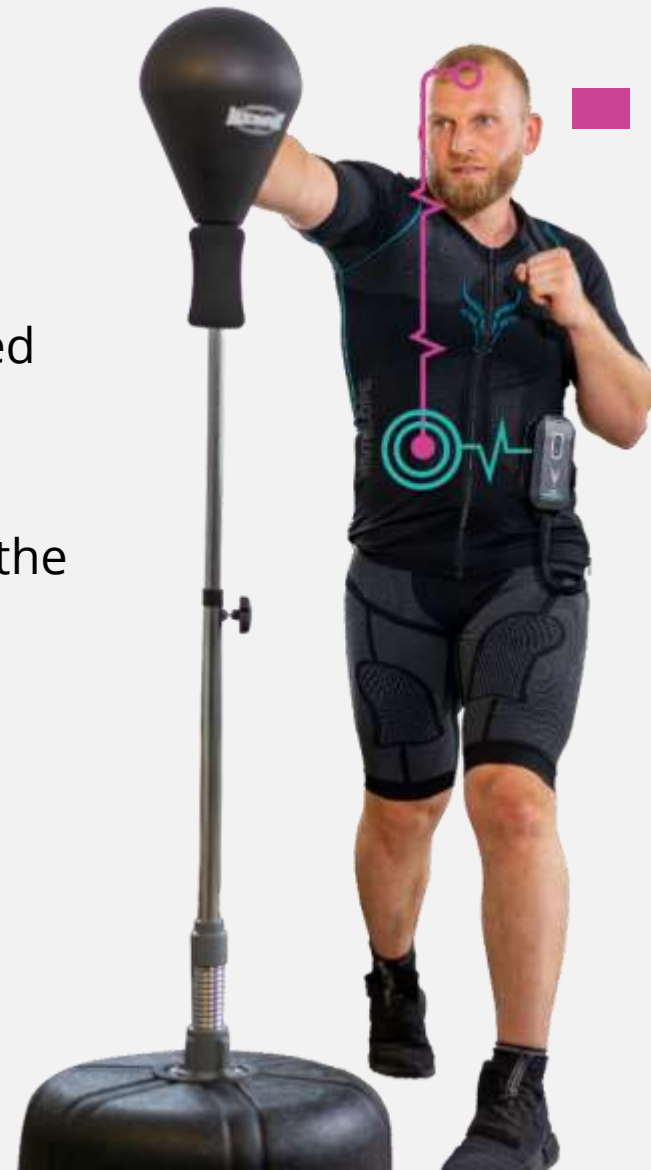
**ANTELOPE**  
by beurer



# How EMS works

## EMS stands for electromuscle (myo)stimulation

With EMS, electrical impulses are used to make the striated muscles contract in a controlled manner. While in conventional training the muscles are controlled by bioelectrical signals from the brain / CNS, in EMS training the muscles receive electrical impulses from outside.

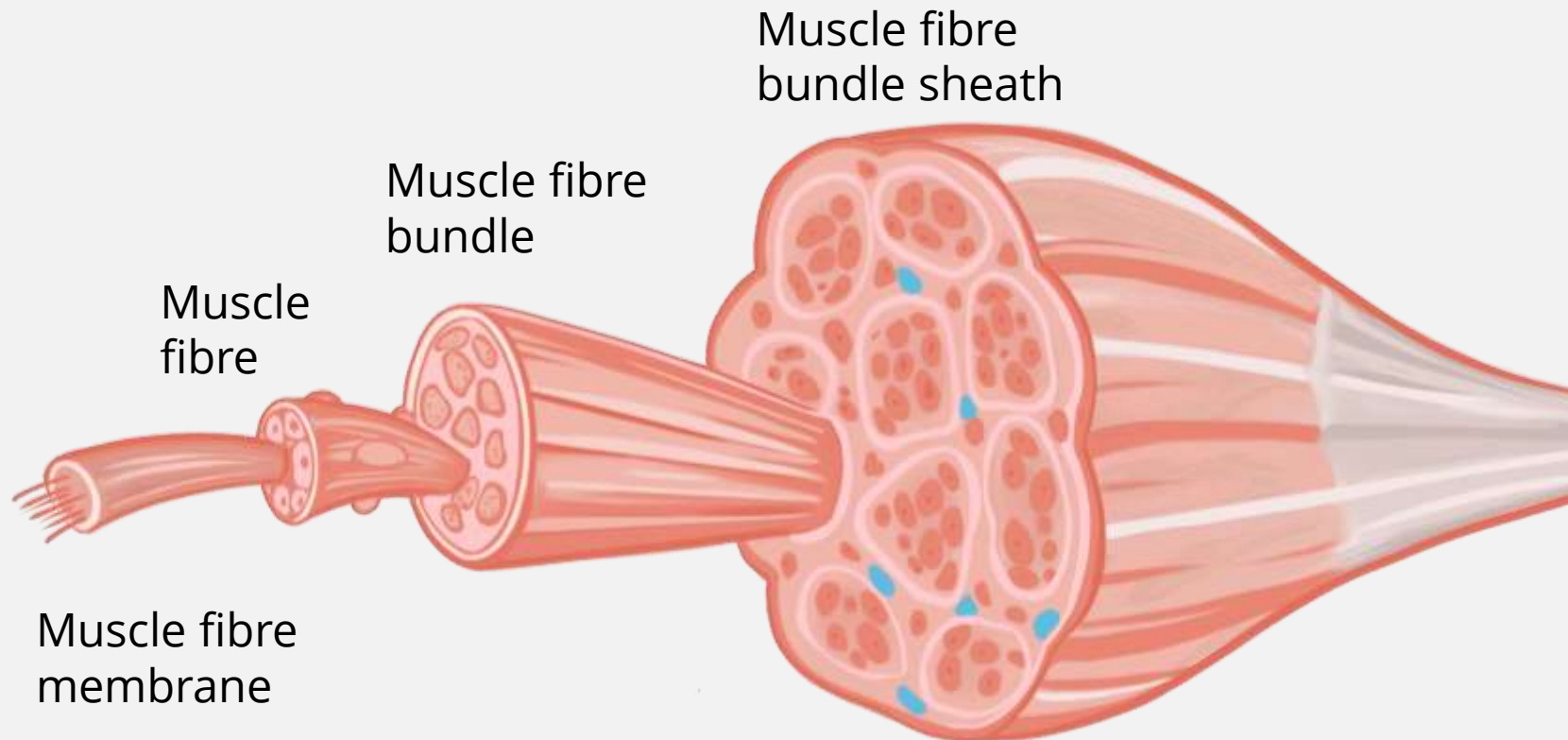


■ Bioelectrical impulse from the brain / CNS

■ Additional impulse ensures a greater training effect through electro-muscle stimulation.

# What makes EMS so effective?

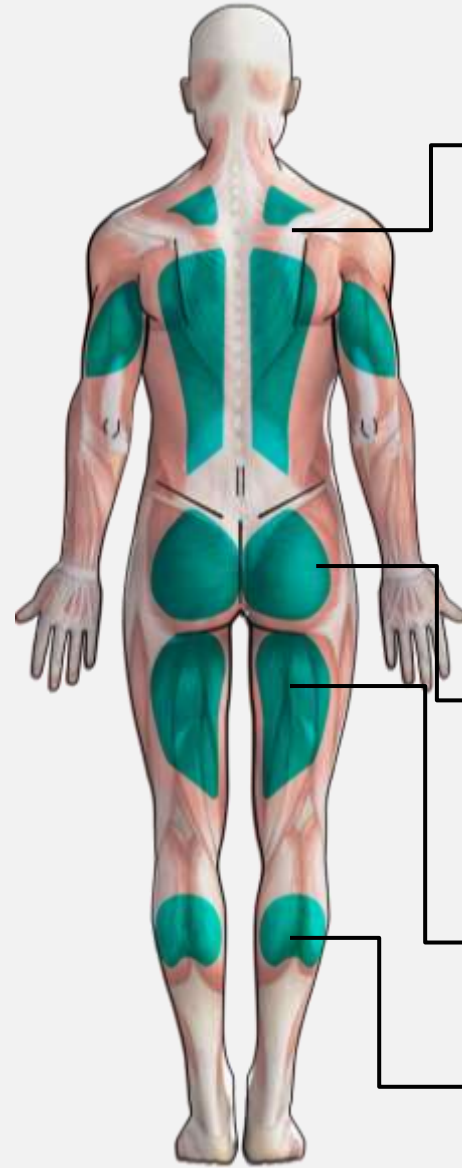
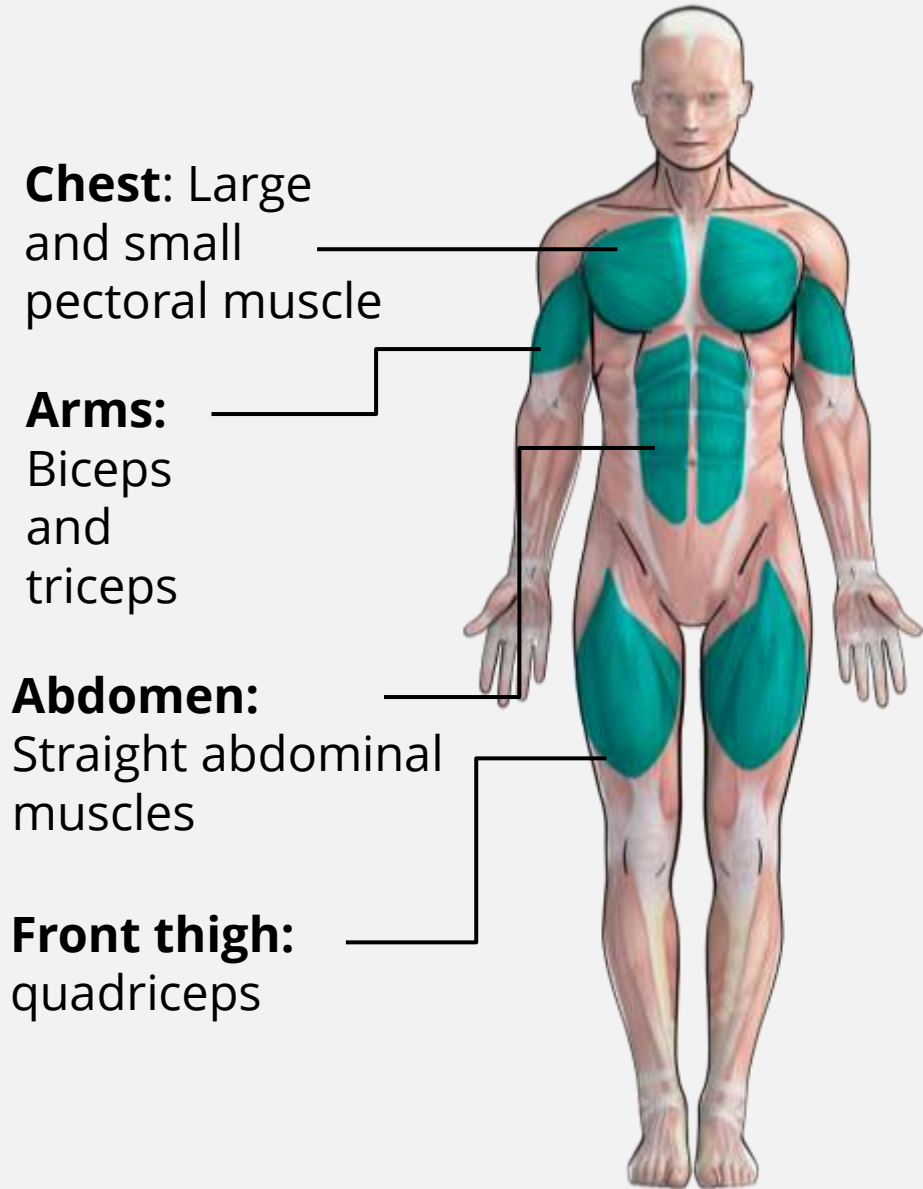
## Structure of a muscle up to the muscle fibre:



## Time saving **20-minute training:**

- **90% of the muscle fibers** are **addressed** by the external impulse
- Many **muscle groups** and **body zones** are **trained at the same time**

# Muscle groups that are stimulated



**Neck:** trapezius muscle and scapula lifter

**Back:** back extensor, large back muscle and quadratic lumbar muscle

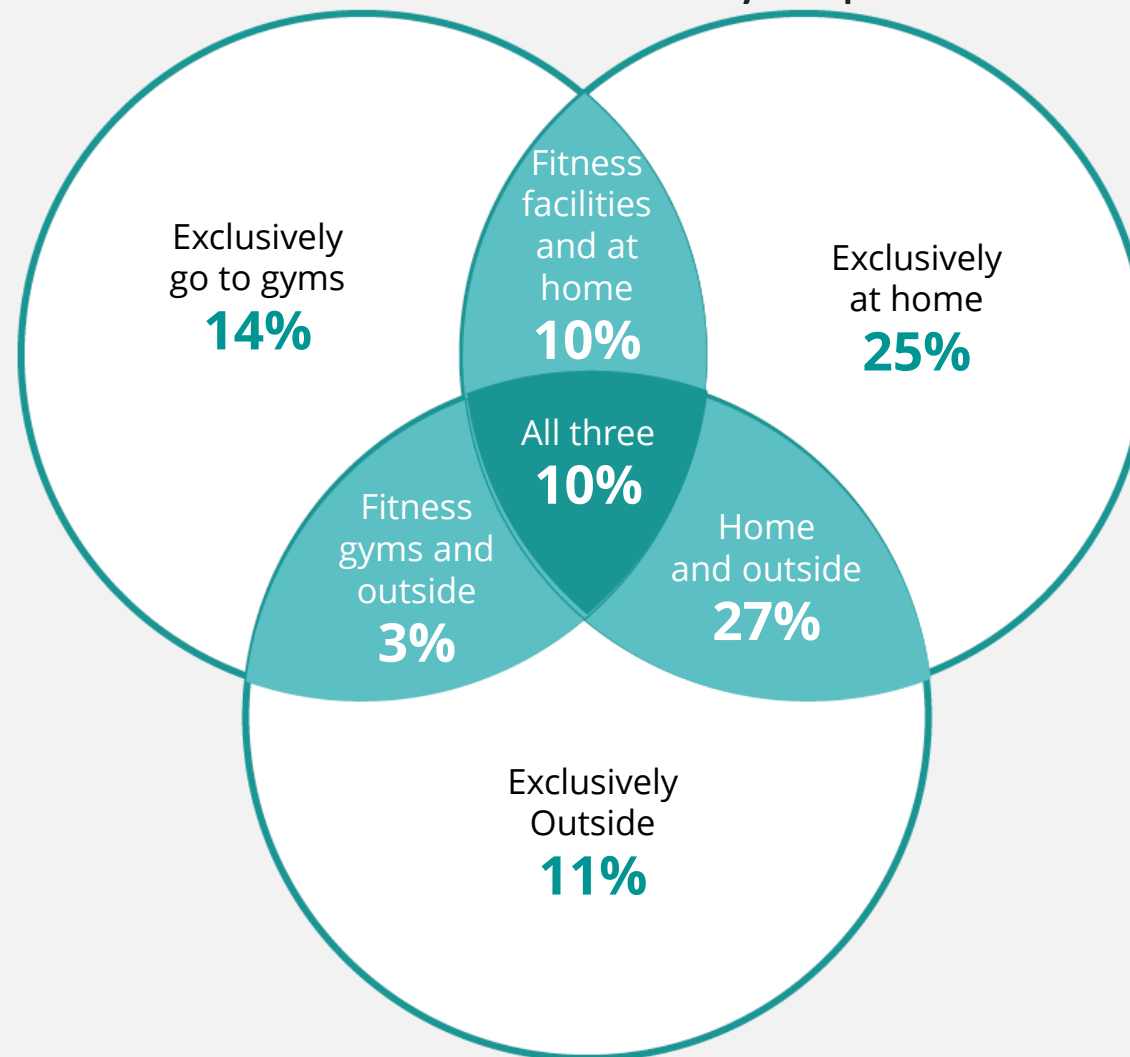
**Buttocks:** Large and medium gluteal muscle

**Back thigh:** leg biceps

**Calf muscles**

# Fitness areas used by sports people

"In which environments do you practice fitness?"



# Megatrend: hybrid training

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**Gyms will offer more digital and flexible solutions**

and are looking for manufactures who serve opportunities to offer a variable trainings to keep their customers

Flexible in terms of  
Concept (business and training)  
Time and Place  
Purchansing and rental models

# Antelope Evolution

**Recovery &  
Wellness**



**Fitness &  
Health**



**Sports &  
Performance**



# First Class EMS Trainings





# In Gyms



# Or at Home and Outdoors



# Highly effective training - EMS by Antelope

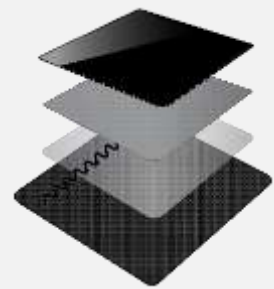


## EMS trainings

- Very effective, efficient and short
- Highly flexible, train everywhere you want
- For every performance level
- No additional training equipment or weights are needed



# Textile-tech details ANTELOPE by beurer



High performance silicon electrodes are extra thin & comfortable on the skin

Magnetic snap-in for easy Booster attachment



Single USB-C plug for easy connection between textiles



Integrated cables with efficient cable routing

Additional side zippers for easy put on

Up to 20 electrodes

Pocket for mobile phone or wallet

Electrode shapes modelled for optimal muscle stimulation

# A look at Antelope Evolution

Muscle groups  
that are **stimulated**



Electrodes modelled  
for **optimal muscle**  
stimulation



40+ app  
programs



High quality  
textile



Wet and  
dry usage



Modular  
system



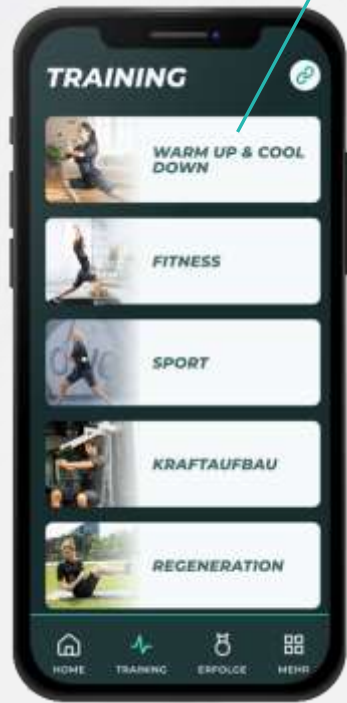
Thin &  
comfortable  
electrodes



Washable:  
Hand and machine



# The Antelope Evolution App



Training Programs

42 different, adjustable programs for any desired workout



Individual Presets for each program

Personal Settings

Individual controlling of muscle groups



Large buttons for easy handling during training

Suit Control

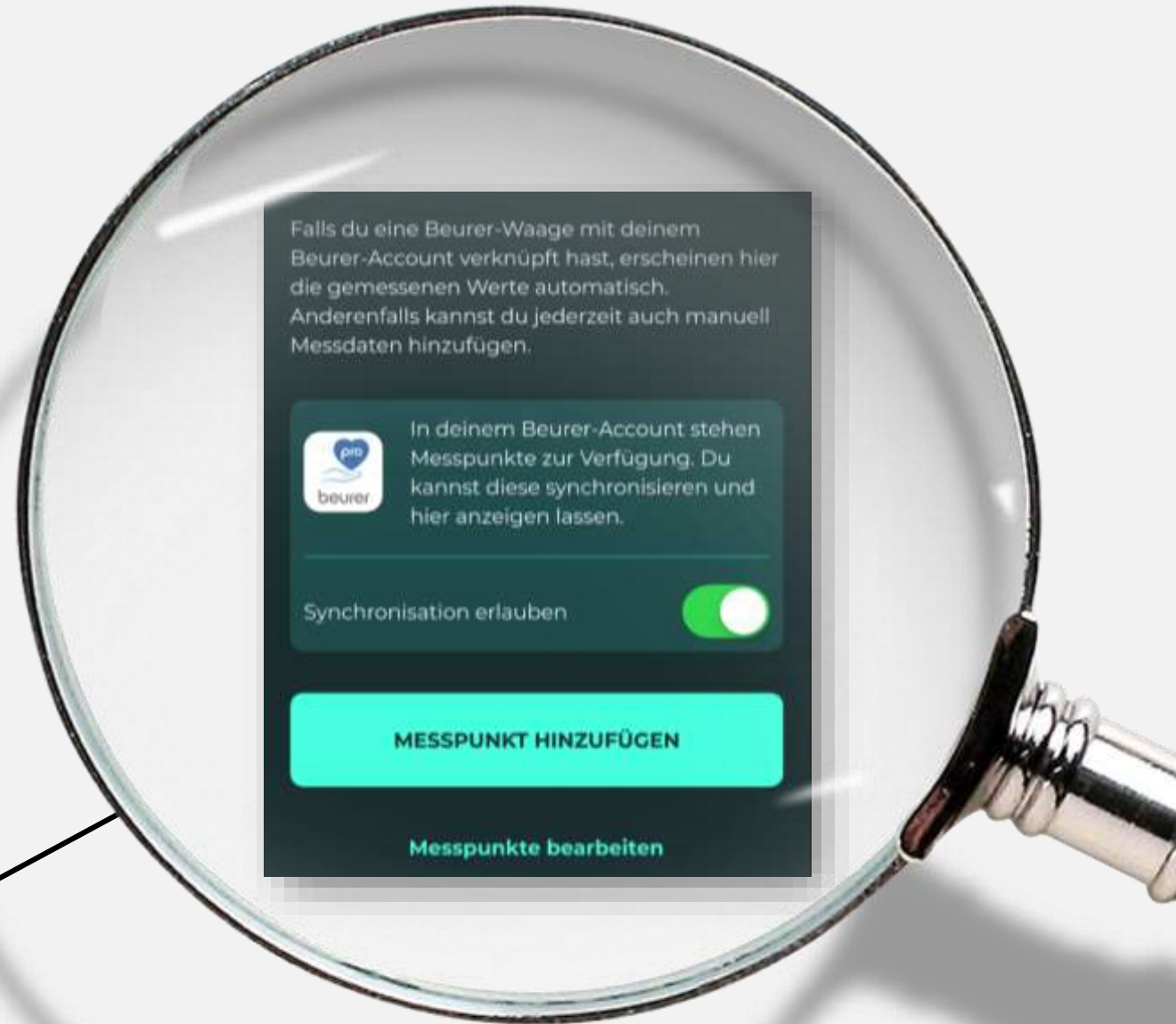
Compatible with Beurer Smart Scales



Body Analysis Tracking

# Enriching App UX

Checking the training success with Beurer diagnostic bathroom scales



# Antelope Evolution Suit textiles for Men



**Shirt**



**Tanktop**



**Short**



**Leggings**

5 sizes are available per part from S to XXL to ensure an individual fit.



# Antelope Evolution Suit textiles for Women



**Shirt**



**Tanktop**



**Short**



**Leggings**

5 sizes are available per part from XS to XL to ensure an individual fit.  
the world's first real EMS suit for women.

# Antelope Evolution Suit Textile Combinations



# The Booster

Over-The-Air  
Updates



Integrated  
rechargeable  
battery with up to  
4 hours runtime -  
for 12 full training  
units

Large soft rubber  
buttons with  
distinct, intuitive  
icons for quick suit  
control



Glowing LED ring  
with adjustable  
colors displays  
active training  
cycles

Pouch for Booster  
protection during  
transport including  
compartment for USB-C  
charging cable



# Antelope Sport Testimonials



**Christoph Rüsseler,**  
personal trainer



*"I've made really good experiences with EMS trainings by Antelope: muscle soreness guaranteed regardless of my clients' ability level."*

**Stefan Feilen,**  
ultra-distance cyclist



*"The performance increase came as a bomb. I had already trained according to a training plan before. But with the suit you can really tease out the extra."*

**Angelique Kerber,**  
tennis pro and Wimbledon winner



*"For all who want to achieve more, the EMS suit by Antelope is just right!"*

# Contact details

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We're happy to talk to you!



## Find us on the web



**Website:** [www.antelope.de/en/](http://www.antelope.de/en/)



**Instagram:** @antelope.ems



**Facebook:** antelope.ems



**LinkedIn:** ANTELOPE – part of the Beurer group



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